

# SOUTH HURON HOSPITAL FOUNDATION

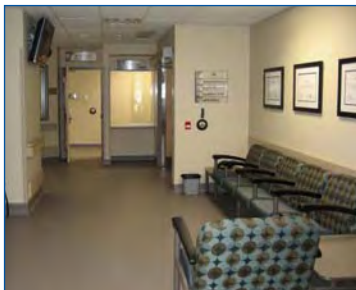
# newsletter



## Accomplished with Community Spirit

Welcome to our first newsletter.

On behalf of the Foundation, the Hospital Board, physicians and staff, I extend our thanks to each and every one of you who have done so much to support our hospital. We quickly reached our Campaign goal, raising almost two million dollars for the new digital imaging (x-ray) machines, our newly renovated Emergency Department and patient equipment. We have also added a Cardiac Stress Test Clinic to our recent list of successes and plan on purchasing a Bone Mineral



Density Scanner in April 2009. The scanner will allow us to test for Osteoporosis at South Huron Hospital Association.

Of course, we can not do any of this without your continued help and support. To that end, we are determined to keep you informed of what is new, what we are working on and what events we are planning. This newsletter is our attempt to do just that! Hope you enjoy the information contained in the articles and again, thanks so much for supporting Quality Health Care Close To Home!

Odette Pelletier  
Foundation Chair.

# SOUTH HURON HOSPITAL FOUNDATION

## Community, Hospital, Foundation – Working Together for best possible care



South Huron Hospital Association owes its very existence to a group of passionate people who saw the need for a local hospital and worked diligently gathering support and funds until the hospital doors opened in 1953.

Over the years our community has continued its support when the need arose for additions, renovations or new equipment.

Formed in 1982, the South Huron Hospital Foundation was created to ensure access to health care and equipment in our communities.

The Foundation's primary three-fold objective is to raise funds, invest the money wisely and approve the funding for the projects recommended by the South Huron Hospital and its team of staff and physicians.

In the last few years, our community and Foundation have raised over two million dollars, to keep our Hospital current, viable and accessible.

South Huron Hospital is truly "The Little Hospital That Does" thanks to the generosity of a caring community committed to working together for better health care.



## Mission Statement

The South Huron Hospital Foundation is dedicated to improving both the access to and the quality of health care in South Huron and area. The Foundation will accomplish this objective by engaging the broad community in canvasses and fund-raising activities. Further, in partnership with the South Huron Hospital Board, physicians and staff who service the hospital, the Foundation will allocate these funds to support specific project identified as priorities.



## Board of Directors

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Check out our new website at  
[www.shhf.on.ca](http://www.shhf.on.ca)



In keeping with our mission to provide the best possible care for our communities, South Huron Hospital Foundation is in the process of implementing Bone Mineral Density Program.

The Bone Mineral Density Scanner will allow diagnostic staff to do testing at South Huron Hospital. What does that mean for patients? Our community members will be able to access the scan close to home and avoid travel. Your family doctor will receive test results and treat your condition, if required.

The cost to purchase the required equipment is \$110,000.00

Some young people, and not so young, may wonder what the purpose of a Bone Mineral Scan really is. The Scan will detect

## New Projects/Services

Osteoporosis, a bone disorder that can afflict anyone, but often those middle-aged and older. Usually it strikes those who have had little calcium in their diets as children, chronic smokers and those who have inherited a tendency of thin and brittle bones. Early detection is the most important step for the prevention and then treatment of the disease. Doctors, who examine bone mineral density tests are able to:

- i) determine if bones are susceptible to easy breakage
- ii) confirm a diagnosis of osteoporosis if someone has a broken bone
- iii) predict the chances of a person's having a fracture in the future
- iv) determine the rate of bone loss and prescribe effective treatments



Proceeds from the Royal Canadian Legion, Exeter, 2007 Convertible Mustang Car Draw have been used to help purchase equipment for a Cardiac Stress Test Clinic.

The first clinic was held October 22, 2008.

A Cardiac Stress Test helps doctors see how well one's heart can cope during exercise, when the body's need for oxygen puts extra demands on the heart.

How is a Stress Test Performed?

The patient is attached to an ECG machine, and a blood pressure

## Cardiac Stress Test Clinic

cuff is placed on one arm. After a baseline ECG is obtained, the patient begins to perform a low level of exercise on a treadmill.

Doctors order cardiac stress tests for a variety of purposes. The test helps them:

- determine whether any of the coronary arteries are clogged
- find the cause of chest pain
- assess the heart's capability after a heart attack or heart surgery
- discover heart disease
- set limits on one's exercise
- detect extra heartbeats (arrhythmias)
- judge a medicine's capacity to control chest pain or extra beats during exercise

## Events



Our **4th annual fundraising golf tournament** was held September 12. It was a big success despite the weather.

The tournament was held at Bayview Golf Course this year with over 130 golfers.

The weather was wet but it didn't dampen the golfers' spirits.

Including proceeds from silent and live auction \$18,000.00 was raised for the Bone Mineral Density Scanner.

Many thanks to those who participated and to our sponsors.

South Huron Hospital Foundation participated in the **7th Annual CKNX Health Care Heroes Radiothon** on October 18th.

Over \$700,000.00 was raised in one day for the 15 Foundations.



South Huron received over \$31,000.00 for the Bone Mineral Density Scanner.

## Upcoming Events

### April 2009 – Ladies Night

Fun, Fashion, Food and Fundraising. A Fundraising Fashion Show and Dinner with local male celebrities serving and modeling.



### Here's my gift of:

\$50    \$75    \$125    or I'd prefer \$ \_\_\_\_\_

Enclosed is a cheque payable to South Huron Hospital Foundation

OR  Please charge my

Card No.

Expiry   /     Signature \_\_\_\_\_

Phone: \_\_\_\_\_ Email: \_\_\_\_\_

The Foundation has a policy of recognizing donations over \$500.00

No, I do not wish to have my name listed in any public recognition issued by the South Huron Hospital Foundation. For more information on recognition levels, please contact the Foundation

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